

## Quarantine Procedures New Yorker Residence

This document is intended to provide guidance for residents traveling to New York from out-of-state and moving into the New Yorker Residence.

Governor Andrew M. Cuomo has announced new guidelines allowing out-of-state travelers to New York to “test out” of the mandatory 14-day quarantine. Travelers must continue to fill out the [Traveler Health Form](#). The new protocol is effective Wednesday, November 4<sup>th</sup>, 2020.

Please review the travel advisory here: <https://coronavirus.health.ny.gov/covid-19-travel-advisory>

Residents arriving to New York from outside the U.S. must follow current international guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/from-other-countries.html>.

It is important that everyone adhere to these policies for your own well-being and for the well-being of those around us—other residents and staff. Failure to comply with the expectations below may result in disciplinary measures—including immediate removal from EHS housing without refund.

**The policies below are subject to change in accordance with changes to public health guidelines and policies as outlined by the CDC and NYS Departments of Education and Health.**

### Travel Advisory

All travelers entering New York from a state that is not a contiguous state or from a CDC Level 2 or 3 Travel Health Notice country, shall quarantine for a period of 14 days, consistent with Department of Health regulations for quarantine, unless you agree to the following:

1. Notify EHS that you intend on testing out of the 14-Day quarantine before arrival.
  - a. Obtain a negative COVID test three days prior to your arrival in New York and email results to [Newyorker@studenthousing.org](mailto:Newyorker@studenthousing.org).
  - b. If a negative COVID test is not received 3 days prior check-in, resident must quarantine for 14 days.
2. Upon arrival in New York, resident must quarantine for a minimum of three days. *See below for detailed quarantine procedures.*
3. On day four of the resident’s quarantine, the resident must obtain another COVID test. Please email us at [Newyorker@studenthousing.org](mailto:Newyorker@studenthousing.org) to coordinate (elevator use, key, etc).
4. Once you have completed testing, you will return to quarantine awaiting the results. Please forward results of the second test to [Newyorker@studenthousing.org](mailto:Newyorker@studenthousing.org).
5. Residents must continue to quarantine until EHS receives the 2<sup>nd</sup> negative COVID test.
6. Once EHS has confirmed that both tests are negative, you will receive an email confirmation that you may end your quarantine and instructions for room key reactivation.

*Local health departments will validate tests, if necessary, and if a test comes back positive, will issue isolation orders and initiate contact tracing. The local health department must make contact with the state the traveler came from, to ensure contact tracing proceeds there as well. All travelers must*

*continue to fill out our traveler form upon arrival into New York State to contribute to New York State's robust contact tracing program.*

### **Before Arrival**

Complete the **Health and Safety Agreement** previously sent to you.

Take and have a negative COVID test result 3 days prior to arriving in NY. Please email your results to [newyorker@studenthousing.org](mailto:newyorker@studenthousing.org).

Residents will be required to schedule a move-in time with their building. Move-in appointments are subject to availability. We will work with each person individually. More Information to come.

Please consider what items you will need to support the minimum 3-day quarantine (e.g. extra bed sheets, towels, clean clothing) as you will not be allowed to leave your room once you've checked in for the first three days. Nonperishable items, your favorite snacks, cleaning supplies and toilet paper are important items that should be on your list. You can send bedding and other bulk items ahead of time and we will deliver packages directly to your room.

Residents must bring a supply of face masks and a thermometer for use throughout the semester.

### **Upon Arrival**

Residents must observe a minimum of 3-day quarantine upon arrival.

An EHS Staff member will provide you with a key to your room. You will receive another email describing the check-in procedures in detail.

If you sent packages ahead of time, those items will be placed in your room prior to your arrival.

### **Throughout the Quarantine**

Residents will need to remain in their room upon their arrival at the residence for a minimum of 3 days. Quarantining residents must not be in public or otherwise leave their assigned room. This means no hallways, elevators or common areas.

Residents should follow hygiene and cleaning best practices and frequently disinfect commonly touched surfaces like bathrooms, faucets, doorknobs, light switches, etc.

Residents must bring a thermometer with them and check their temperature every day during the 3-day period. If at any time the resident's temperature is above 100.4 degrees Fahrenheit (38 degrees Celsius) the resident must notify [Newyorker@studenthousing.org](mailto:Newyorker@studenthousing.org) immediately.

See available services below for more information.

### **If You Feel Sick**

Should a resident develop a fever or other COVID-related symptoms, they must immediately alert us at [Newyorker@studenthousing.org](mailto:Newyorker@studenthousing.org).

Please check the Center of Disease Control for [CDC.gov](https://www.cdc.gov) for information regarding when to get in touch with your doctor.

If resident is in a double room, they will then be required to immediately relocate to one of the identified isolation rooms. Procedures will be communicated to resident by Student Life Staff.

In the event of a police or medical emergency, the resident will contact 911 immediately for help and then contact EHS staff.

## **Services Available During Quarantine**

### **Restaurant Delivery**

Please note, that each resident will have to pay for their meals at the time of ordering and EHS has no responsibility with any orders or disputes.

Delivery service available directly to your room only while in quarantine during the hours of 9AM to 7PM **ONLY**. You **MUST** include your ROOM NUMBER in the order.

- Tick Tock Diner
  - Set up an account online via: <https://togoorder.com/web/3083#/o/4/f/2/address/> .
  - You can order pay and tip through the website.
  - Tick Tock offers a 10% discount for EHS residents. Type the code: **“EHS” and your room number** in the “special instructions” section of the address menu to receive the discount.
  - They will deliver directly to the room, hang the food on the door handle or place on the floor, knock and then walk away.
  - Once you hear the knock wait 5-10 seconds before opening the door to retrieve your meal.
  - **Gift Cards** can be purchased via: [https://app.yiftee.com/gifts/egift\\_and\\_gift\\_cards/tick-tock-diner-ny](https://app.yiftee.com/gifts/egift_and_gift_cards/tick-tock-diner-ny)

### **Groceries/Medicine Delivery**

Delivery service available to your room only while in quarantine. Please alert us by emailing [Newyorker@studenthousing.org](mailto:Newyorker@studenthousing.org) so we know when to expect a delivery and we will deliver to your room.

- Peapod /Fresh Direct/Instacart/Amazon Fresh
- CVS Pharmacy/Duane Reade (delivery thru Postmates)/Capsule Pharmacy

### **Mail and Packages**

An EHS staff member will drop off mail/packages, groceries and medication outside the residents’ doors between 3pm – 7pm. We will knock, please wait 10-15 seconds before opening.

### **Maintenance and Trash Removal**

Please report maintenance issues to [Newyorker@studenthousing.org](mailto:Newyorker@studenthousing.org). For the safety of our staff, please understand most requests will have to be addressed once you have been cleared by 2<sup>nd</sup> negative COVID test unless an emergency.

- Trash removal from outside of room will be Monday, Wednesday, and Saturday at 12pm. Please place trash outside of door no earlier than 30 minutes prior to this time to avoid pest issues. Please ensure that all trash is bagged well and placed neatly outside your door.

### **Virtual Programming**

Virtual programming will be offered to encourage socializing and online connections between residents who are quarantining. Resident Advisors (RAs) will hold virtual events for residents.

- We will also be checking up on you via text and other social media outlets.

### **After Quarantine Period**

On the 4<sup>th</sup> day of resident's arrival, the resident must take another COVID test. If the test is negative, the resident is allowed to leave their room in accordance with the EHS's Health & Safety guidelines, EHS Code of Conduct, and state and local guidelines and public health directives, after they have received written confirmation of the second test results from EHS. Resident must email COVID test results to [newyorker@studenthousing.org](mailto:newyorker@studenthousing.org) to receive updated key card access to their room and building.

**\*A resident must continue to quarantine until EHS receives and acknowledges the 2<sup>nd</sup> negative COVID test\***

Please keep in mind all rules apply regarding facemasks, social distancing, that are outlined in our Code of Conduct Guide as well as Health and Safety Agreement.

### **Important Phone Numbers:**

EHS RA on Duty: 917-697-9610

Front Desk Security: 212-971-0101 ext. 5107

NYPD/FDNY: 911