

ALL·BAR·ONE

FOOD

## SMALL PLATES

Whether you're into picky bits or planning a spread to share, our small plates are made for grazing.

<b>KARAAGE STICKY CHICKEN</b> 10.5 With toasted sesame seeds, chilli, spring onion and chipotle jam 608kcal	<b>GARLIC &amp; CHILLI KING PRAWNS</b> 11.5 Pan-fried king prawns with garlic & chilli butter, served with toasted sourdough bread to dip 626kcal
<b>HALLOUMI FRIES (V)</b> 9.5 Southern fried dusting with smoked paprika & saffron aioli 508kcal	<b>SALT &amp; PEPPER CALAMARI</b> 10.95 With sweet chilli dip and lime 260kcal
<b>GREEN GODDESS HOUMOUS (VE)</b> 9.5 Chickpeas blended with green herbs and lemon zest, topped with radish, grains and harissa oil, served with khobez flatbread 663kcal	<b>HARISSA CHICKEN SKEWERS</b> 10.95 Chargrilled with harissa, yoghurt, grains and sweet & sour pickled pink onions 471kcal
<b>CRISPY CAULIFLOWER BITES (VE)*</b> 9.5 With sweet chilli dip and lime 406kcal	<b>HOT HONEY CHORIZO</b> 10.5 Pan-fried chorizo glazed in hot honey & molasses, served with toasted focaccia 702kcal
<b>BAKED FETA (V)</b> 9.95 Feta baked in hot honey, piquillo peppers and khobez flatbread 560kcal	

## SHARING

Perfect to share between 2-4 people. Fancy a glass of wine (or two) sounds good, check out our drinks menu for our full line up.

<b>GRAZING BOARD*</b> 29.95 Feta baked with piquillo peppers, sourdough, hot honey & molasses-glazed chorizo, toasted focaccia, oil & balsamic and Nocellara olives 2340kcal
<b>NACHOS (V)</b> 13.95 Crisp tortilla chips, Cheddar cheese, pico de gallo, sour cream, smashed avocado and candied jalapeños 757kcal
<b>TRIO OF FRIES</b> 14.95 Fries with BBQ beef brisket and candied jalapeños; fries with Gran Moravia, truffle-infused oil and rosemary (V); sweet potato fries with chipotle mayo and pico de gallo (V) 1931kcal
<b>NOCELLARA OLIVES (VE)</b> 246kcal 4.5

## SIDE DISHES

<b>GARLIC FOCACCIA (V)</b> 8.5 Lovage pesto, Gran Moravia and sea salt 931kcal	
<b>SWEET POTATO FRIES (VE)</b> 455kcal 6.5 With chipotle mayo and pico de gallo (V) 588kcal 6.95	
<b>SEASONED SKIN-ON FRIES (VE)</b> 501kcal 5.5 With BBQ Beef Brisket and candied jalapeños 786kcal 7.25 With Gran Moravia and truffle-infused oil 556kcal 6.5	
<b>HOUSE SALAD (VE)</b> 5.5 Little gem, roasted red peppers, pomegranate, cherry tomatoes and lemon dressing 194kcal	
<b>MAC &amp; CHEESE (V)</b> 425kcal 5.5	
<b>BBQ BEEF BRISKET MAC &amp; CHEESE</b> 679kcal 7.5	
<b>ONION RINGS (VE)</b> 580kcal 4.5	

Adults need around 2000 calories a day

## MAINS

<b>FISH &amp; CHIPS</b> 20.95 Battered haddock with crushed minted peas, tartare sauce and seasoned skin-on fries 923kcal	
<b>CHICKEN MILANESE</b> 20.5 Crispy chicken breast with a dressed rocket salad, roasted pepper mayo and seasoned skin-on fries 1404kcal	
<b>8OZ SIRLOIN &amp; CHIPS</b> 27.95 8oz sirloin steak, best served pink, with seasoned skin-on fries and your choice of beef dripping sauce 1129kcal or chimichurri 1235kcal With ONION RINGS 580kcal   4.5 With KING PRAWNS 269kcal   4	
<b>PAD THAI (V)</b> 15.5 Rice noodles, Copper Maran egg, pak choi, baby corn, broccoli, sugar snap peas, bean sprouts, sweet chilli and pine nuts. Choose - soy sauce or sriracha 559kcal With CHICKEN BREAST & PRAWN CRACKER 251kcal   5 With KING PRAWNS & PRAWN CRACKER 114kcal   5	

## BURGERS

Burgers are served with seasoned skin-on fries in a toasted brioche bun.

Upgrade to SWEET POTATO FRIES (VE) 455kcal   1	
<b>ALL BAR ONE SIGNATURE</b> 21.5 Chargrilled beef patty, hand-pulled BBQ beef brisket, cheesy sauce, mayo and panko fried onion rings 1563kcal	
<b>CRISPY MISO CHICKEN*</b> 19.95 Buttermilk chicken breast with Som Tam slaw, crispy noodles, miso mayo and salt & pepper skin-on fries 1176kcal	
<b>FALAFEL &amp; SPINACH (VE)</b> 18.95 Falafel & spinach patty, flat mushroom, pickled pink onions, Applewood® slice, jalapeños, tomato, little gem and salsa 1214kcal	
<b>CLASSIC CHEESE</b> 18.95 Chargrilled beef patty, smoked Cheddar cheese, tomato, little gem and mayo 1199kcal With SMOKED STREAKY BACON 105kcal   2.5	
<b>BUTTERMILK CHICKEN &amp; CHEESE</b> 20.50 Buttermilk chicken breast topped with smoked Cheddar cheese, streaky bacon, tomato, little gem and mayo 1357kcal	



## HALO BOWLS

Choose your base, then add toppings to make your perfect bowl.

<b>BANG BANG SALAD (VE)</b> 12.95 Mixed leaf salad with slaw, mango, red chillies and lemon topped with spiced mixed seeds and a ginger & soy dressing 264kcal	<b>POKE BOWL (V)</b> 13.5 Sticky Jasmine rice, cucumber, avocado, edamame beans and slaw, dressed with sriracha mayo and a Som Tam dressing 605kcal	<b>RAMEN (VE)</b> 14.95 Ramen noodles in a miso, tamari and gochujang broth, with shiitake mushrooms, bean sprouts, carrot, spring onion, red chilli, coriander and togarashi seeds 548kcal
ADD YOUR TOPPINGS	<b>KING PRAWNS</b> 269kcal 4	<b>GRILLED CHICKEN BREAST</b> 193kcal 4
		<b>HALLOUMI (V)</b> 405kcal 4

## LUNCH

Available until 5pm

<b>CHICKEN &amp; BACON FOCACCIA</b> 14.5 Chargrilled chicken breast, smoked streaky bacon and roasted pepper mayo on toasted focaccia, with seasoned skin-on fries 1100kcal	<b>CHICKEN QUESADILLA</b> 13.95 Chargrilled tortilla with chicken breast, roasted piquillo peppers, smoky tomato & paprika sauce, Cheddar cheese and sour cream, with seasoned skin-on fries 760kcal
<b>FISH FINGER BUN</b> 13.95 Panko-crumbed fish fingers, little gem lettuce and tartare sauce in a toasted brioche bun with seasoned skin-on fries 867kcal	<b>MUSHROOM &amp; APPLEWOOD® QUESADILLA (VE)</b> 12.95 Chia tortilla with flat mushrooms, Applewood® slices and red pepper & tomato sauce with smashed avocado and sweet potato fries 654kcal

## SOMETHING SWEET

<b>STICKY TOFFEE RUM PUDDING (V)</b> With ginger ice cream <i>707kcal</i>	<b>9.5</b>
<b>POPCORN CHOCOLATE BROWNIE (V)</b> With vanilla ice cream and salted caramel sauce <i>978kcal</i>	<b>9.5</b>
<b>LEMON &amp; BLUEBERRY SHEEZECAKE (VE)</b> Our vegan take on a cheesecake, coconut crème and a mixed berry coulis <i>507kcal</i>	<b>9.5</b>
<b>CHURROS</b> With Belgian chocolate sauce for dunking <i>447kcal</i>	<b>9.5</b>
<b>KAHLÚA HOT CHOCOLATE AFFOGATO</b> Warm brownie and vanilla ice cream drenched in Kahlúa coffee liqueur hot chocolate (18+ only) <i>653kcal</i>	<b>10.5</b>

## LIQUID DESSERT

Please see our main drinks menu for our full range and pricing.



### FRENCH MARTINI

A classy vodka-based cocktail with Cîroc Pineapple vodka, Chambord raspberry liqueur and pineapple juice



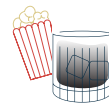
### ESPRESSO MARTINI

Chase vodka, Kahlúa coffee liqueur, Arabica and Robusta roasted coffee and sugar syrup - utterly delicious



### PORNSTAR MARTINI

One of our most popular cocktails. Absolut Vanilia vodka, passion fruit and a shot of Prosecco make it sweet but sour with a frothy top



### SALTED CARAMEL OLD FASHIONED

Warm, salty and sweet with Woodford Reserve Kentucky bourbon whiskey, Angostura Bitters and salted caramel syrup

## HOT DRINKS

All hot drinks are served with a shot of chocolate beans *91kcal*

<b>ESPRESSO</b> <i>11kcal</i>	<b>3.95</b>
<b>AMERICANO</b> <i>36kcal</i>	<b>3.95</b>
<b>MACCHIATO</b> <i>36kcal</i>	<b>4.25</b>
<b>CAPPUCCINO</b> <i>112kcal</i>	<b>4.25</b>
<b>HOT CHOCOLATE</b> <i>289kcal</i>	<b>4.25</b>
<b>ICED COFFEE</b> <i>99kcal</i>	<b>4.25</b>
<b>FLAT WHITE</b> <i>72kcal</i>	<b>4.25</b>
<b>MOCHA</b> <i>195kcal</i>	<b>4.25</b>
<b>LATTE</b> <i>110kcal</i>	<b>4.25</b>
<b>A SELECTION OF TEAS</b>	<b>3.95</b>

## MATCHA MOMENTS

<b>MATCHA CAPPUCCINO</b> <i>191kcal</i>	<b>4.95</b>
<b>MATCHA ICED LATTE</b> <i>191kcal</i>	<b>4.95</b>

## CAKES

<b>STICKY GINGER LOAF (V)</b> <i>289kcal</i>	<b>2.75</b>
<b>BLUEBERRY MUFFIN (V)</b> <i>548kcal</i>	<b>2.95</b>
<b>TRIPLE CHOCOLATE BROWNIE (V)</b> <i>585kcal</i>	<b>3.25</b>
<b>CROISSANT (V)</b> With butter and jam <i>531kcal</i>	<b>3.95</b>
<b>PAIN AU CHOCOLAT (V)</b> With a chocolate filling <i>304kcal</i>	<b>3.95</b>
<b>EXTRAS</b>	<b>0.5</b>

Espresso shot *11kcal*, caramel *63kcal* or vanilla *67kcal* flavoured syrup


A 100% Arabica, Rainforest Alliance Certified blend\*\*, containing coffee from territories where the Lavazza Foundation supports various communities of coffee producers.

AVAILABLE TO TAKE AWAY.

\*\*Not applicable for decaffeinated coffee (not Rainforest Alliance certified).



### SUSTAINABLE MENU CHOICES

Food production accounts for 30% of global greenhouse gas emissions. At All Bar One, we're dedicated to cutting our menu's carbon footprint. By making small changes, we can all help create a healthier planet. Look for our leaf symbol  to find our low-emission, planet-friendly dishes.

Where table service is offered, a discretionary service charge of 10% may be added.

Allergen Information: If you have a food allergy, dietary requirement, or a question about our ingredients, please speak to a member of our staff before you place your order. Our menu descriptions do not include all ingredients or allergens.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. \* = contains alcohol. Fish dishes may contain small bones. All calories are correct at the time of menu print. Live nutritional information is available online. Adults need around 2000 calories a day.

All items are subject to availability. Alcohol is only available to over 18s. Please drink responsibly. Visit [bedrinkaware.co.uk](http://bedrinkaware.co.uk)

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