

ALL·BAR·ONE

BRUNCH

JUICES, SHOTS & SMOOTHIES

GREEN MATCHA & GINGER SMOOTHIE (VE) Spinach, avocado, ginger, lime and matcha <i>227kcal</i>	5.5	TROPICAL TURMERIC SMOOTHIE (VE) Passionfruit, pineapple, mango and turmeric <i>176kcal</i>	5.95
TRIPLE BERRY & GINGER SMOOTHIE (VE) Strawberry, raspberry, blackberry and ginger <i>149kcal</i>	5.95	GINGER IMMUNITY SHOT (VE) <i>21kcal</i>	3.75
		TURMERIC RECOVERY SHOT (VE) <i>27kcal</i>	3.75
		FRUIT JUICES	
		Orange <i>185kcal</i> , cranberry <i>80kcal</i> or pineapple <i>208kcal</i> (calories stated are for a 14oz serve)	

BRUNCH COCKTAILS



MIMOSA

Prosecco with either mango or strawberry syrup



BLOODY MARY

Chase vodka, tomato juice, Worcestershire sauce, Tabasco, lemon, celery, salt and pepper

HOT DRINKS

All hot drinks are served with a shot of chocolate beans *91kcal*

ESPRESSO <i>11kcal</i>	3.95
AMERICANO <i>36kcal</i>	3.95
MACCHIATO <i>36kcal</i>	4.25
CAPPUCCINO <i>112kcal</i>	4.25
HOT CHOCOLATE <i>289kcal</i>	4.25
ICED COFFEE <i>99kcal</i>	4.25
FLAT WHITE <i>72kcal</i>	4.25
MOCHA <i>195kcal</i>	4.25
LATTE <i>110kcal</i>	4.25
ICED LATTE <i>141kcal</i>	4.25
A SELECTION OF TEAS	3.95

MATCHA MOMENTS

MATCHA CAPPUCCINO <i>191kcal</i>	4.95
MATCHA ICED LATTE <i>191kcal</i>	4.95

EXTRAS	0.5
Espresso shot <i>11kcal</i> , caramel <i>63kcal</i> or vanilla <i>67kcal</i> /flavoured syrup	


AVAILABLE TO TAKE AWAY.



LAVAZZA
TORINO, ITALIA, 1895

Adults need around 2000 calories a day

Sustainable Menu Choices

Food production accounts for 30% of global greenhouse gas emissions. At All Bar One, we're dedicated to cutting our menu's carbon footprint. By making small changes, we can all help create a healthier planet. Look for our leaf symbol  to find our low-emission, planet-friendly dishes.

Served until 11:30am every day

BREAKFASTS

THE FULL BREAKFAST	16.5
British pork sausages, smoked streaky bacon, Copper Maran eggs, roasted mushrooms, tomato, house baked beans and toasted sourdough <i>860kcal</i>	

ALL BAR ONE BRUNCH	12.5
Crispy cornbread, smashed avocado, chorizo, pico de gallo, candied jalapeños and poached Copper Maran eggs <i>908kcal</i>	

VEGGIE BREAKFAST (V)	15.5
Grilled halloumi, smashed avocado, Copper Maran eggs, roasted mushrooms, tomato, house baked beans and toasted sourdough <i>695kcal</i>	


ULTIMATE BREAKFAST SANDWICH	9.95
Chipotle chilli relish and watercress on toasted focaccia:	

With SMOKED STREAKY BACON *752kcal*

With BRITISH PORK SAUSAGES *928kcal*


BREAKFAST QUESADILLA (V)	12.5
Chargrilled tortilla with fried egg, Cheddar cheese, tomato and house baked beans with seasoned skin-on fries <i>1074kcal</i>	

FEEL-GOOD FAVES

OVERNIGHT OATS (VE) 	7.95
Matcha, toasted coconut, raspberries and blueberries <i>487kcal</i>	

SMASHED AVO ON TOAST (V) 	12.95
Smashed avocado on toasted sourdough with feta and pico de gallo <i>555kcal</i>	

Add POACHED EGG (V) | 1.5

FRESH FRUIT & YOGHURT (V) 	8.95
Strawberries, banana, raspberries and blueberries with your choice of Greek-style yoghurt & honey (V) or coconut crème (VE) <i>469kcal</i>	

EGGS

Served on a stone-baked muffin with poached Copper Maran eggs, spiced mixed seeds and lemon hollandaise. Choose from:

BENEDICT	13.95
Smoked streaky bacon <i>727kcal</i>	

ROYALE 	13.95
Smoked Scottish salmon <i>25kcal</i>	

FLORENTINE (V) 	12.95
Spinach <i>726kcal</i>	

HARISSA EGGS	12.5
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Poached Copper Maran eggs, chorizo, tomato, peppers, spinach and harissa sauce with khobez flatbread *632kcal*

SWEET

MAPLE & BACON FRENCH TOAST	12.5
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Thick-cut brioche, smoked streaky bacon, butter and maple syrup *841kcal*

PEACH & RASPBERRY FRENCH TOAST (V) 	12.5
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Thick-cut brioche, glazed peaches, raspberries, cinnamon, coconut flakes and vanilla ice cream *1008kcal*

EXTRAS

TOASTED SOURDOUGH (V) <i>398kcal</i>	1.5
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HASH BROWNS (V) <i>354kcal</i>	4.25
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MUSHROOMS (VE) <i>120kcal</i>	2
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HOUSE BAKED BEANS (VE) <i>58kcal</i>	1.5
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SAUSAGE <i>201kcal</i>	2.5
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SMOKED STREAKY BACON <i>105kcal</i>	2.5
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Where table service is offered, a discretionary service charge of 10% may be added.

Allergen Information: If you have a food allergy, dietary requirement, or a question about our ingredients, please speak to a member of our staff before you place your order. Our menu descriptions do not include all ingredients or allergens.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. * = contains alcohol. Fish dishes may contain small bones. All calories are correct at the time of menu print. Live nutritional information is available online. Adults need around 2000 calories a day.

All items are subject to availability. Alcohol is only available to over 18s. Please drink responsibly. Visit bedrinkaware.co.uk