

Holiday Meals 2020

Fully Cooked Turkey

Serving Size: 84 g (3 oz.); Calories: 130; Calories from fat: 50; Total fat: 6 g; Saturated fat: 1.5 g; Trans-fat: 0 g; Cholesterol: 50 mg; Sodium: 380 mg; Carbs: 1 g; Dietary fiber: 0 g; Sugars: 1 g; Protein: 17 g

Ingredients: Turkey, Water, Seasoning (Brown Sugar, Salt), Potassium Lactate, Sodium Phosphate, Modified Food Starch, Carrageenan Gum, Xanthan Gum, Salt, Sodium Diacetate and Caramel Color.

Fully Cooked Turkey Breast

Serving Size: 56 g (2 oz.); Calories: 100; Calories from fat: 35; Total fat: 4 g; Saturated fat: 0 g; Trans-fat: 0 g; Cholesterol: 15 mg; Sodium: 65 mg; Carbs: <1 g; Dietary fiber: 0 g; Sugars: 0 g; Protein: 16 g

Ingredients: Turkey Breast, Water, Sea Salt.

Boneless Sliced Ham

Serving Size: 56 g (2 oz.); Calories: 90; Total fat: 4.5 g; Saturated fat: 1.5 g; Trans-fat: 0 g; Cholesterol: 30 mg; Sodium: 590 mg; Carbs: 3 g; Dietary fiber: 0 g; Sugars: 3 g; Protein: 9 g

Ingredients: Cured With Water, Fructose, Brown Sugar. Contains 2% or Less of Salt, Flavoring (Propylene Glycol, Invert Sugar, Ethyl Alcohol, Lactic Acid, Natural Flavor, Caramel Color), Spices, Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

Spiral Sliced Honey Bone In Ham (Meat Dept.)

Serving Size: 84 g (3 oz.); Calories: 160; Total fat: 6 g; Saturated fat: 2 g; Trans-fat: 0 g; Cholesterol: 35 mg; Sodium: 930 mg; Carbs: 15 g; Dietary fiber: 0 g; Sugars: 13 g; Protein: 13 g

Ingredients: Cured with: Water, Salt, Honey, Sodium Lactate, Brown Sugar, Sodium Phosphates, Seasoning (Dextrose, Spice Extractives), Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate. Glazed With: Honey, Sugar, Gelatin, Brown Sugar, Caramel Coloring.

Turkey Gravy

Serving Size: 62 g (2 oz); Calories: 25; Calories from fat: 9; Total fat: 1 g; Saturated fat: 0 g; Trans-fat: 0 g; Cholesterol: 0 mg; Sodium: 290 mg; Carbs: 3 g; Dietary fiber: 0 g; Sugars: 0 g; Protein: 1 g

Ingredients: Water, Wheat Flour, Turkey Broth Base (turkey broth, turkey flavor [turkey broth, turkey, flavor, salt, turkey fat, sugar], salt, turkey fat, dextrose, potato flour, yeast extract, hydrolyzed wheat protein, carrot and onion juice concentrates), Chicken Base (chicken broth, salt, chicken fat, dextrose, potato flour, natural flavor, carrot and onion juice concentrates), Chicken Fat, Salt, Natural Flavor (contains torula yeast), Garlic Powder, Caramel Color, Spices.

Allergens: Contains: Wheat.

Cranberry Relish with Walnuts

Serving Size: 57 g (2 oz.); Calories: 110; Calories from fat: 20; Total fat: 2.5 g; Saturated fat: 0 g; Trans-fat: 0 g; Cholesterol: 0 mg; Sodium: 0 mg; Carbs: 23 g; Dietary fiber: 2 g; Sugars: 20 g; Protein: 1 g

Ingredients: Cranberries, Sugar, Oranges, Honey, Walnuts, Modified Food Starch.

Allergens: Contains: Tree Nuts (Walnut).

Corn Soufflé

Serving Size: 113 g (4 oz.); Calories: 200; Calories from fat: 30; Total fat: 3.5 g; Saturated fat: 1.5 g; Trans-fat: 0 g; Cholesterol: 100 mg; Sodium: 320 mg; Carbs: 39 g; Dietary fiber: 2 g; Sugars: 28 g; Protein: 5 g

Ingredients: Corn (Corn, Water, Sugar, Salt), Sugar, Eggs, Bleached Enriched Wheat Flour (Bleached Malted Wheat Flour, Niacin, Iron, Potassium Bromate, Thiamine Mononitrate, Riboflavin, Folic Acid), Baking Powder.

Allergens: Contains: Eggs and Wheat.

Traditional Herb Stuffing

Serving Size: 105 g (4 oz.); Calories: 210; Calories from fat: 117; Total fat: 13 g; Saturated fat: 1 g; Trans-fat: 0 g; Cholesterol: 30 mg; Sodium: 540 mg; Carbs: 20 g; Dietary fiber: 1 g; Sugars: 3 g; Protein: 4 g

Ingredients: Water, Croutons (wheat flour, sugar, yeast, salt, sunflower oil), Canola Oil, Onion, Celery, Eggs, Carrots, Chicken Base (chicken broth, salt, chicken fat, dextrose, potato flour, natural flavor, carrot and onion juice concentrates), Natural Butter Flavor (whey powder, salt, natural flavor), Salt, Cultured Sugar, Maltodextrin, Spices, Onion Powder, Garlic Powder.

Allergens: Contains: Egg, Milk and Wheat.

Yukon Gold Mashed Potatoes

Serving Size: 124 g (4 oz.); Calories: 180; Calories from fat: 80; Total fat: 10 g; Saturated fat: 6 g; Trans-fat: 0 g; Cholesterol: 25 mg; Sodium: 480 mg; Carbs: 20 g; Dietary fiber: 2 g; Sugars: 1 g; Protein: 3 g

Ingredients: Yukon Gold Potatoes, Milk, Butter (sweet cream, salt, annatto color), Salt, Potassium Sorbate to protect flavor, Spice.

Allergens: Contains: Milk.

Green Bean Medley

Serving Size: 85 g (3 oz.); Calories: 30; Total fat: 0 g; Saturated fat: 0 g; Trans-fat: 0 g; Cholesterol: 0 mg; Sodium: 0 mg; Carbs: 7 g; Dietary fiber: 2 g; Sugars: 2 g; Protein: 1 g

Ingredients: Green Beans, Wax Beans and Red Onion.

White Cheddar Scalloped Potatoes

Serving Size: 140 g (5 oz.); Calories: 290; Total fat: 22 g; Saturated fat: 14 g; Trans-fat: 0 g; Cholesterol: 65 mg; Sodium: 850 mg; Carbs: 16 g; Dietary fiber: 2 g; Sugars: 2 g; Protein: 9 g

Ingredients: Cooked Potatoes (potatoes, sulfites), Pasteurized Process Sharp White Cheddar Cheese (cultured milk, water, cream, sodium phosphates, salt, sorbic acid [preservative], enzymes, powdered cellulose [to prevent caking]), Heavy Cream, Whole Milk (grade A milk, vitamin D3), Butter (pasteurized cream, salt), Wheat Flour, Green Onion, Salt, Minced Garlic (garlic, water), Black Pepper.

Allergens: Contains: Milk and Wheat.

Roasted Butternut Squash with Pecans and Cranberries

Serving Size: 113 g (4 oz.); Calories: 120; Total fat: 8 g; Saturated fat: 1 g; Trans-fat: 0 g; Cholesterol: 0 mg; Sodium: 320 mg; Carbs: 15 g; Dietary fiber: 2 g; Sugars: 5 g; Protein: 1 g

Ingredients: Butternut Squash, Pecans, Sugar, Soybean Oil, Dried Cranberries (Cranberries, Sugar, Citric Acid, Sunflower Oil, Elderflower Juice Concentrate), Salt, Cinnamon.

Allergens: Contains: Soy and Tree Nuts (Pecans).

Golden Dinner Rolls 12ct

Serving Size: 42 g (1 roll); Calories: 130; Total fat: 2 g; Saturated fat: 1 g; Trans-fat: 0 g; Cholesterol: 0 mg; Sodium: 210 mg; Carbs: 23 g; Dietary fiber: 0 g; Sugars: 4 g; Includes 4 g of Added Sugars; Protein: 4 g

Ingredients: Wheat Flour, Water, Sugar, Yeast, Sunflower Oil, Pea Proteins, Dextrose, Modified Starch, Palm Oil. Contains 2% Of: Ascorbic Acid, Beta Carotene (Color), Enzymes, Malted Barley Flour, Natural Flavor with Other Natural Flavors (Milk), Nonfat Dry Milk, Paprika (Color), Rice Flour, Salt, Soy Lecithin, Soybean Oil, Turmeric (Color), Vitamin A Palmitate, Wheat Gluten, Whey Solids, Yellow Corn Flour.

Allergens: Contains Milk, Soy, And Wheat.

COLONIAL APPLE PIE

Serving Size: 5.3 oz (151 g); Calories: 350; Total fat: 15 g; Saturated fat: 7 g; Trans-fat: 0 g; Cholesterol: 0 mg; Sodium: 440 mg; Carbs: 54 g; Dietary fiber: 2 g; Sugars: 31 g; Added Sugar: 24 g; Protein: 2 g

Ingredients: Sliced Apples, Sugar. Wheat Flour, Water, Palm Oil, Soybean Oil, Modified Tapioca Starch, Contains Less Than 2 Percent Of Each Of The Following: Margarine (Palm Oil, Water, Soybean Oil, Salt, Whey (Milk), Mono - And Diglycerides, Soy Lecithin, Natural Flavor, Beta Carotene Color, Vitamin A Palmitate), Brown Sugar, Salt, Dextrose, Ascorbic Acid To Promote Color Retention, Citric Acid To Promote Color Retention, Mono -And Diglycerides, Spices, Natural Flavors. Glaze: Water, Vegetable Proteins, Vegetable Oil, Dextrose, Maltodextrin, Starch.

Allergens: Contains: Soy, Wheat, Milk.