

Bupa's Special Events Calendar 2026

Bupa days... your life, your way



Aged Care

January

Australian Open 12 - 1 Feb
The Great Bupa Swap



February

Bupa Bangers
Winter Olympics 6 - 22
Recreational Therapy Week
5 - 11



March

Bupa Bake Off
Clean Up Australia Day 1
Hospitality Workers in Healthcare Day 6

Family / Resident NPS



Autumn Begins

April

Intergenerational Week
25 - 1 May
Anzac Day 25
World Immunisation Week
24 - 30



Daylight Saving Ends

May

National Volunteer Week
18 - 27
National Palliative Care Week
International Nurses Day 12

People Pulse



June

Soupa Bupa
Family Activity Month
World Elder Abuse Awareness Day 15



Winter Begins

July

Resident Art and Storytelling Month
NAIDOC Week 5 - 12
Plastic Free July



August

Dying to Know Day 8
Come Dine With Us
Aged Care Employee Day 7



September

R U OK? Day 10
Bupa's Got Talent
Dementia Action Week
15 - 21

Family / Resident NPS



Spring Begins

October

Healthy Cities
Grandparents' Day 25
National Carers Week
11- 17
Safety Month



Daylight Saving Commences

November

Remembrance Day 11
Compassionate Communities Day 1

People Pulse



December

Griswold Christmas Competition
Bake Our Way to Christmas Day



Summer Begins



Main Events



Awareness Events