

NMDC223

Clinical Nutritional Medicine

General information

| Awards | Subject type | Study year | Study Semester |
|---|--------------|------------|----------------|
| Bachelor of Health Science (Naturopathy) | Core | Year 3 | Semester 6 |
| Bachelor of Health Science (Clinical Nutrition) | Core | Year 2 | Semester 4 |

EFTSL: 0.125

Delivery mode: Livestream

Co-requisites: Nil

Pre-requisites: NMDM121, BIOP212, NMDF212

Subject overview

This subject integrates and consolidates knowledge gained from previous health science and clinical nutrition subjects through an exploration of the nutritional management of various health conditions and individual cases. Students learn to develop nutritional treatment plans that incorporate dietary and lifestyle behaviour modification and nutrient prescribing. They learn to critically evaluate these treatment plans from the perspectives of evidence-based practice and natural medicine principles. Clinical Nutritional Medicine is an essential foundation for clinical practice.

Assessments: Written Assignment, Portfolio Assignment